

FOOD! COMIDA!

FRUTA	FRUIT
Abacate	Avocado
Abacaxi	Pineapple
Amora	Blackberry
Banana	Banana
Carambola	Star fruit
Côco	Coconut
Framboesa	Raspberry
Goiaba	Guava
Kiwi	Kiwi
Laranja	Orange
Limão	Lemon
Maçã	Apple
Mamão	Papaya
Manga	Mango
Maracujá	Passion fruit
Melancia	Watermelon
Melão	Melon
Mexirica	Tangerine
Mirtilo	Blueberry
Morango	Strawberry
Pera	Pear
Pêssego	Peach
Toranja	Grapefruit
Uva	Grape

VEGETAIS	VEGETABLES
Abóbora	Pumpkin
Abobrinha	Courgette
Alface	Lettuce
Alho	Garlic
Alho poró	Leek
Batata	Potato
Batata doce	Sweet potato
Berinjela	Eggplant
Beterraba	Beet
Brócolis	Broccoli
Cebola	Onion
Cenoura	Carrot
Chuchu	Chayote
Couve	Kale
Couve-flor	Cauliflower
Espinafre	Spinach
Gengibre	Ginger
Mandioca	Cassava
Milho	Corn
Palmito	Palm heart
Pepino	Cucumber
Repolho	Cabbage
Rúcula	Arugula
Tomate	Tomato
Tomate cereja	Cherry tomato

GRÃOS	GRAINS
Arroz	Rice
Aveia	Oatmeal
Ervilha	Peas
Feijão	Beans
Grão de bico	Chickpeas
Lentilha	Lentil
Trigo	Wheat

CAFÉ DA MANHÃ	BREAKFAST
Torrada	Toast
Pão	Bread
Bolo	Cake
Waffle	Waffle
French Toast	French Toast
Panqueca	Pancake
Xarope	Syrup

OUTRAS COMIDAS	OTHER FOOD
Macarrão	Pasta
Molho	Sauce
Lasanha	Lasagna
Sopa	Soup
Risoto	Risotto
Sanduíche	Sandwich
Salada	Salad

CARNE	MEAT
Frango	Chicken
Carne de vaca	Beef
Carne de porco	Pork
Peixe	Fish
Bife	Steak
Churrasco	Barbecue

LATICÍNIOS	DAIRY
Leite	Milk
Queijo	Cheese
logurte	logurt
Manteiga	Butter
Creme de leite	Double cream, Heavy cream
Leite condensado	Condensed milk
Cream Cheese	Cream Cheese

OVOS	EGGS
Omelete	Omelette
Ovo cozido	Boiled egg
Ovo frito	Fried egg
Ovos mexidos	Scrambled eggs

BEBIDAS	DRINKS
Água	Water
Água com gás	Sparkling water
Água de côco	Coconut water
Água sem gás	Still water
Café	Coffee
Cerveja	Beer
Chá	Tea
Chá verde	Green tea
Chocolate quente	Hot chocolate
Leite de côco	Coconut milk
Limonada	Lemonade
Milkshake	Milkshake
Refrigerante	Soda
Smoothie	Smoothie
Suco	Juice
Suco de laranja	Orange juice
Suco de uva	Grape juice
Vinho	Wine

LOUÇA	DISHES
Prato	Plate
Copo/xícara	Cup
Caneca	Mug
Garfo	Fork
Faca	Knife
Colher	Spoon
Panela	Saucepan
Frigideira	Frying pan